

About the MSc. Public Health Nutrition

“The Master of Science in Public Health Nutrition is an accredited, taught 18-month online programme that is designed to train individuals to address key public health issues affecting the Caribbean region and the world. The programme is delivered by highly qualified lecturers with a wealth of experience and its main aim is to train experts who are capable of addressing disease burden at the population level. Our graduates are trained to conduct high quality, evidence-based research and how to translate research findings into policy and programme development, for the good of all people.

The courses are designed to foster a mindset of innovation among students, making them capable of conceptualizing and implementing innovative public health nutrition interventions to address the most challenging public health concerns. It adapts an interdisciplinary approach that is infused with a rich multicultural experience that is derived from the selection of students from dynamic professional fields and varying cultures. As such, the exchange offered by this programme is rich and engaging, making it one of the most sought after advanced degrees.”

NB: For Year 2 Semester 1 students select two(2) electives from the options provided

Year 1							
Module Codes		CONTACT HOURS/WEEK		Total Credits	No. of Exam/ Test/ Assignments	MAXIMUM MARKS AVAILABLE FROM:	
		Lecture Hours	Tutorial Hours			FINAL EXAMS (%)	COURSE WORK (%)
SEMESTER 1 NUTRITION FUNDAMENTALS FOR PUBLIC HEALTH							
PHU5001	Foundations of Public Health Nutrition	2	1	3	5	0	100
PHU5002	Global Food, Nutrition and Health	2		2	4	50	50
PHU5003	Public Health Aspects of Life Course Nutrition	2	1	3	5	50	50
PHU5004	PHN Practice Seminar/Tutorials (1)	1		1	4	0	100
	Sub-Total	9		9			
SEMESTER 2 – NUTRITION INFORMATION FOR DECISION MAKING							
PHU5005	Principles of Nutrition Epidemiology & Statistics for Nutrition	1	1	2	5	50	50
PHU5006	Nutritional Surveillance and Information Systems	1	1	2	5	50	50
PHU5009	PHN Practice Seminar/Tutorials (2)	1		1	4	0	100
PHU5010	Food and Nutrition Planning & models of Policy Action	2	1	3	5	50	50
PHU 5011	Food & Nutrition Security, Poverty and Inequity	2	1	3	5	50	50
	Sub-Total	9		9			
SEMESTER 3 – NUTRITION AND PUBLIC POLICY							
PHU5007	Obesity Epidemiology and Prevention	1		1	3	50	50
PHU5008	Integrating Qualitative and Quantitative Research in Nutrition	2	1	3	6	50	50
PHU5012	Food Economics	1		1	4	50	50
PHU5013	PHN Practice Seminar/Tutorials (3)	1		1	4	0	100
	Sub-Total	8		8			

TOTAL CREDITS YEAR 1 = 26

NB: For Year 2 Semester 1 students select two(2) electives from the options provided

Year 2							
Module Codes		CONTACT HOURS/WEEK		Total Credits	No. of Exam/tests /Assign'ts	MAXIMUM MARKS AVAILABLE FROM:	
		Lecture Hours	Tutorial Hours			FINAL EXAMS (%)	COURSE WORK (%)
SEMESTER 1 PUBLIC HEALTH NUTRITION IN ACTION							
PHU5014	Social Determinants of Nutrition	1	1	2	4	50	50
PHU 5017	Nutrition in Communities and Institutions [Elective]	2		2	5	50	50
PHU5018	Socio-Cultural and Behavioral Aspects of Nutrition [Elective]	2		2	5	50	50
PHU5015	Nutrition in Sports [Elective]	1	1	2	4	50	50
PHU5016	Nutrition in Emergencies [Elective]	2		2	5	50	50
PHU5020	PHN Practice Seminar/Tutorials (4)	1		1	4	0	100
PHU5022	Nutrition Promotion and Education [Elective]	2		2	5	50	50
PHU5023	Algorithms for Nutrition in Disease Control [Elective]	1	1	2	5	50	50
	Sub-Total	5		5			
SEMESTER 2 PUBLIC HEALTH NUTRITION IN ACTION							
PHU5021	Food Safety Policy	1		1	4	50	50
HEA5013	Externship	240		3		0	100
HEA5012	Thesis/Research Project			4		100	0

TOTAL CREDITS YEAR 2: 15

TOTAL PROGRAMME CREDITS = 41

Students will choose to do only two (2) electives in semester 1 of year 2

NB: For Year 2 Semester 1 students select two(2) electives from the options provided